

# Love & Marriage: are we bowvered?

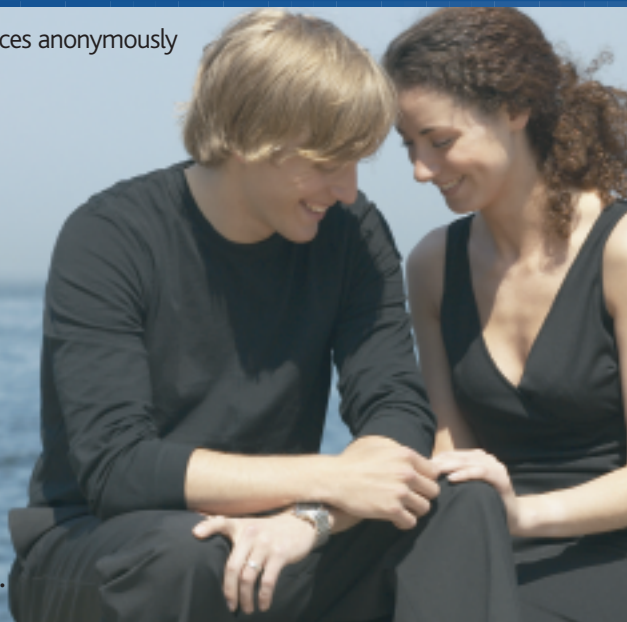
The NBCW wishes to explore the qualities and values that sustain marriage. With this in mind we are seeking the experiences of Catholic Women who are, or who have been, married.

We invite you to contribute your experiences anonymously on the following broad issues:

- **Faith & Spirituality**
- Time: work/life balance
- **Money**
- Family life
- **Sex**
- Transitions & Crises
- **Expectations versus reality**
- Survival strategies and sources of support

You may choose to consider:

- **Overall the best things in my marriage...**
- The biggest challenge to my marriage...
- **My marriage has been sustained by...**



Please keep your contribution to no more than 300 words on any of these headings. Once contributions have been received we aim to produce a booklet reflecting what helps to sustain marriage based on our personal experiences as Catholic women.

Please send your anonymous contributions by 15th March 2007 to:

**The NBCW Marriage & Family Life  
Committee**  
c/o Judith O'Grady  
46 Bamford Road,  
Bromley, Kent BR1 5QR

We regret that correspondence will not be entered into. Marriage Care has a national helpline (local call rate) which provides a listening and information service for people facing difficulties in their marriage, family or closer relationships.

**Tel: 0845 660 6000**  
Monday–Friday  
10 am – 4 pm

  
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